

# Planning, Public Health, and Physical Activity

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**American Planning Association**

*Making Great Communities Happen*

### **Background: Health, Physical Activity, and the Built Environment**

Active Living Research and San Diego State University. 2009. "Growing Demand for Communities that Promote Health." Research Brief, February.

Day, Kristen. 2006. "Active Living and Social Justice: Planning for Physical Activity in Low-Income, Black and Latino Communities." *Journal of the American Planning Association* 72(1): 88-99.

Design, Community & Environment, et al. 2006. "Summary Conclusions." Pages 115 – 130 in *Understanding the Relationship Between Public Health and the Built Environment. A Report Prepared for the LEED-ND Core Committee.*

(Includes 4 additional background reports)

### **Collaborating with Local Public Health Agencies and Officials**

American Planning Association and the National Association of County and City Health Officials. 2004. *Fact Sheet: Working with Elected Officials to Promote Healthy Land Use Planning and Community Design.*

Zenzola, Tina. 2002. *Land Use Planning & Community Design: The Role of Local Public Health Agencies.* Washington, D.C.: National Association of County and City Health Officials.

(Includes 2 additional reports)

### **Planning and Zoning for Health and Physical Activity**

Design for Health. 2007. "Design for Health Checklists for Comprehensive Plan Elements." Version 1.1. Metropolitan Design Center. Minneapolis, MN: University of Minnesota.

Leadership for Healthy Communities. 2009. *Action Strategies Toolkit: A Guide for Local and State Leaders Working to Create Healthy Communities and Prevent Childhood Obesity.* Part I. Active Living and the Built Environment, pp. 12-56. Washington, D.C.: Leadership for Healthy Communities.

Morris, Marya, general editor. 2009. "Model Ordinances to Help Create a Physically Active Community." Pages 125-151 in *Smart Codes: Model Land-Development Regulations.* Planning Advisory Service Report Number 556. Chicago: American Planning Association.

(Includes 7 additional reports)

### **Comprehensive Plans**

Anderson (CA), City of. 2007. *City of Anderson General Plan.* Health and Safety Element. Section 5.2.1. Public Health.

Carver (MN), County of. 2008. *Carver County 2030 Comprehensive Plan.* Public Health Element – Draft.

Fort Worth (TX), City of. 2009. *2009 Comprehensive Plan.* Part 4, Chapter 19. Public Health Element.

(Includes 5 additional comprehensive plan excerpts)

Packet also includes information on Health Impact Assessments and lists of online resources.